

	Lunes / Monday		Martes / Tuesday		Miercoles / Wednesday		Jueves / Thursday		Viernes / Friday		Sabado / Saturday
8:00					8:10 – 9:00 CrossCircuit		8:10 – 9:00 CrossCircuit		8:10 – 9:00 CrossCircuit		
9:00											
9:30	Zumba	CrossFunc	GAP	Jumping 1	CrossFight	Pilates 1	CrossFunc	STRONG by Zumba	Jumping 2	CoreStix	
10:30	Pilates 1	SmartFit	Pilates 2	CoreStix	LaDanza! POWER	CrossFunc	Stretch & Flow	Cycling	CrossTrain	Pilates Fusion	CoreStix
11:30	DrumBeats		Stretch & Flow		LaDanza 1		LaDanza! 2		DrumBeats		SmartFit
12:30	CoreStix		CrossTrain 1		CrossFunc		CoreStix		LaDanza! 1		CrossFunc
13:30											
14:30			CrossCircuit				CrossCircuit				
15:30	CrossCircuit		LaDanza		CoreStix		CrossPower 1		CrossFunc		
16:30	CrossFunc		CrossTrain 1		DrumBeats		CoreStix		LaDanza! 2		
17:30	LaDanza! POWER 2	Stretch & Flow	GAP		STRONG by Zumba	CrossFunc	XtremeFIT		CrossPower 2		
18:30	Jumping 2	Zumba	LaDanza! 2		Pilates Fusion	Zumba	CrossTrain 2		CoreStix		
19:30	CrossTrain		CrossFight		Cycling		Zumba		Salsa 1 (pago extra)		
20:30			Salsa 2 (pago extra)								

Lunes: 8:00-21:30
 Martes: 8:00-21:30
 Miércoles: 8:00-21:30
 Jueves: 8:00-21:30
 Viernes: 8:00-20:30
 Sabado: 10:30-13:30

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