

	Lunes / Monday	Martes / Tuesday	Miercoles / Wednesday	Jueves / Thursday	Viernes / Friday	Sabado / Saturday	
8:00			8:10 – 9:00 CrossCircuit	8:10 – 9:00 CrossCircuit	8:10 – 9:00 CrossCircuit		
9:00							
9:30			CrossFight	Pilates 1	CrossFunc	Jumping 1	CoreStix
10:30			CrossTrain 1	Cycling	XtremeFIT	Pilates 1	CoreStix
11:30			SMARTfit	SmartFit	Triathlon	Triathlon	
12:30			CrossFunc	CoreStix	SMARTfit	CrossFunc	
13:30							
14:30							
15:30			CrossCircuit	CrossPower	CrossFunc		
16:30			Triathlon	CrossFunc	Triathlon		
17:30			CoreStix	CrossTrain 2	CrossPower		
18:30			Pilates Fusion	XtremeFIT	CoreStix		
19:30			Cycling	Triathlon	Salsa 1 (pago extra)		
20:30							
21:30							

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Lunes: 8:00-21:30
 Martes: 8:00-21:30
 Miercoles: 8:00-21:30
 Jueves: 8:00-21:30
 Viernes: 8:00-20:30
 Sabado: 10:30-13:30

¡ LIVE.
 ¡ BREATHE.
 ¡ MOVE.