

	Lunes / Monday		Martes / Tuesday		Miercoles / Wednesday		Jueves / Thursday		Viernes / Friday		Sabado / Saturday
8:00			8:10 – 9:00 CrossCircuit		8:10 – 9:00 CrossCircuit		8:10 – 9:00 CrossCircuit		8:10 – 9:00 CrossCircuit		
9:00											
9:30	Zumba	CrossFunc	GAP	Jumping 1	CrossFight	Pilates 1	CrossFunc	STRONG by Zumba	Jumping 2	CoreStix	
10:30	Pilates 1	CrossTrain 1	Pilates 2	CoreStix	LaDanza! POWER	CrossTrain 1	Pilates Fusion (CyM)	Cycling	Xtreme-FIT	Yoga	CoreStix
11:30	DrumBeats		Stretch & Flow		LaDanza 1	Pilates 3	LaDanza! 2		DrumBeats		Triathlon
12:30	CoreStix		CrossTrain 1		CrossFunc		CoreStix		LaDanza! 1		CrossFunc
13:30											
14:30			CrossCircuit				CrossCircuit				
15:30	CrossCircuit		CoreStix		CrossCircuit		CrossPower 1		CrossFunc		
16:30	CrossFunc		CrossTrain 1		DrumBeats		CoreStix		LaDanza! 2		
17:30	LaDanza! POWER 2	Stretch & Flow	CrossFunc	CrossFight	GAP	CoreStix	CrossTrain 2	LaDanzaKIDZ	CrossPower 2		
18:30	Jumping 2	Zumba	STRONG by Zumba	Yoga	Pilates Fusion	Zumba	XtremeFIT		CoreStix	Zumba	
19:30	CrossFight		Triathlon		Cycling		Zumba		Salsa 1 (pago extra)		
20:30			Salsa 2 (pago extra)								
21:30											

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Lunes: 8:00-21:30  
 Martes: 8:00-21:30  
 Miercoles: 8:00-21:30  
 Jueves: 8:00-21:30  
 Viernes: 8:00-20:30  
 Sabado: 10:30-13:30

i LIVE.  
 i BREATHE.  
 i MOVE.