

| | Lunes / Monday | | Martes / Tuesday | | Miercoles / Wednesday | | Jueves / Thursday | | Viernes / Friday | | Sabado / Saturday |
|----------------|----------------|--------------------------------------|-------------------------------------|--------------------------------------|-------------------------------------|---------------------------|-------------------------------------|----------------------|------------------|-------------------------------------|--|
| 9:00 | | | | | | | | | | | |
| 9:30 | G.A.P | Cardio SMART | CoreStix® | Cardio 25 Vibrafit® 25 | X-Punch | Pilates 1 | CardioSPIN | Pilates Magic Circle | Jumping® | X-Tone® Swingbar/ Gymstick/BT | |
| 10:30 | Pilates 1 | X-Tone® Swingbar/ Gymstick/ BT | YogaWORX | X Tone® Swingbar/ Gymstick/ BT | Fitsteps®FAB | Cardio 25 Vibrafit® 25 | DrumBeats | X-func | CoreStix® | Pilates 2 | CoreStix® |
| 11:30 | Zumba®gold | | X-Ball | | DrumBeats | X-func | LaDanza! 2 | | DrumBeats | | CardioSMART |
| 12:30 | X-Power®Raktor | | CoreStix® | | X-Tone® Swingbar/ Gymstick/BT | | CoreStix® | | X-func | | X-func |
| 13:30 | Synergy | | Synergy | | Synergy | | Synergy | | Synergy | | CLUB FIT JAVEA C.C.Monver Xábia C/Roma 3, 0373 0 Jávea Tel. 865 664 888 www.club-fit.eu facebook.com/clubfit.eu Lunes: 9:00-20:30 Martes: 9:00-20:30 Miercoles: 9:00-20:30 Jueves: 9:00-20:30 Viernes: 9:00-19:30 Sabado: 10:30-13:30 |
| 14:30 | Synergy | | Synergy | | Synergy | | Synergy | | Synergy | | |
| 15:30 | Synergy | | DrumBeats | | Synergy | | CoreStix® | | Synergy | | |
| 16:30 | CoreStix® | | X-Tone® Swingbar/ Gymstick/BT | | X-Ball | | DrumBeats | | LaDanza! | | |
| 17:30 | Jumping® | | CoreStix® | | Jumping® | | X-Tone® Swingbar/ Gymstick/BT | YogaWORX | X-Power®Raktor | | |
| 18:30 | LaDanza! 2 | X-func | LaDanza! 2 | Pilates | Cardio 25 Vibrafit®25 | G.A.P. | Zumba®strong | X-func | CoreStix® | | |
| 19:30 | X-Kick | CardioSPIN | X-Punch | X-func | CardioSPIN | CoreStix® | X-Power® Kick/Punch/Raktor | Cardio SMART | | | |
| 20:30 22:00 | | | Salsa / Bachata (pago extra) | | | | | | | | i live. i breathe. i move. |